

RUTHIN LEISURE CENTRE

Free Junior Holiday Swimming Programme



Monday	11:00am – 11:30am 11:30am – 12 noon 12 noon - 1:00pm	ASA Level 1 (4 day) ASA Level 2 (4 day) Snorkeling - 7yrs+ 100m+
Tuesday	11:00am – 11:30am 11:30am – 12 noon 12 noon - 1.00pm	ASA Level 1 (4 day) ASA Level 2 (4 day) WASA Junior Challenge
Wednesday	11:00am - 11:30am 11:30am – 12 noon 4:00pm - 5:00pm 8:00pm - 8:30pm	ASA Level 1 (4 day) ASA Level 2 (4 day) Water Polo – 7yrs+ 100m+ Disability Session
Thursday	11:00am - 11:30am 11:30am – 12 noon 12 noon - 1:00pm	ASA Level 1 (4 day) ASA Level 2 (4 day) Snorkeling - 7yrs+ 100m+
Friday	12 noon - 1:00pm 2:00pm - 3:00pm	Junior Lifesaving - 7yrs+ 100m+ Splash (Inflatable)

PLEASE NOTE

That as well as the above programme all public swim sessions
Mon to Friday up to 5pm are **FREE FOR Under/16'S** During the
SCHOOL HOLIDAYS.

