

Ystafell Ffitrwydd

Fitness Room

Ar agor/Open

Tymor Ysgol/School Term Time

Llun – Gwener 5:00pm – 9:30pm
Monday - Friday

Penwythnosau 10:00am – 4:30pm
Weekends

Amser Gwiliau/Holidays

Llun – Gwener 8:00am – 9:30pm
Monday – Friday

Penwythnosau 10:00am – 4:30pm
Weekends

Pris/Price: Dedolion/Adults £3.50, Myfyrwyr/Students £2.50



AELODAETH FFITRWYDD DEDOLEON AR GAEL AM £10 Y MIS

ADULT MONTHLY FITNESS MEMBERSHIP OF £10 A MONTH AVAILABLE

I gael rhagor o wybodaeth cysylltwch a'r ganolfan hamdden ar ☎01824 703880

For further information contact the leisure centre on ☎01824 703880