

# DENBIGH LEISURE CENTRE

## Free Junior Holiday Swimming Programme



<b>Monday</b>	10.30am-11:30am 12.30 – 3.30pm	Lifesaving Casual free swim
<b>Tuesday</b>	10.30am-11:30am 1.00pm–1.30pm 1.30pm - 2.00pm 5.00pm - 5.30pm 5.30pm – 6.00pm	Mini Water Polo ASA Swimming Lessons ASA Swimming Lessons Parent / Toddler ASA Swimming Lessons
<b>Wednesday</b>	9.00am – 9:30am 9:30am – 10.00am 10.00am- 10:30am 4.15pm – 5.00pm 5.00pm - 6pm	ASA Swimming Lessons ASA Swimming Lessons ASA Swimming Lessons ASA Swimming Lessons Disability swimming session
<b>Thursday</b>	9.00am – 9:30am 9:30am – 10.00am 10.00am- 10:30am 12.45 -1.45pm 5.00pm – 5.30pm	ASA Swimming Lessons ASA Swimming Lessons ASA Swimming Lessons Snorkeling session Parent / Toddler
<b>Friday</b>	9.00am – 9:30am 9:30am – 10.00am 10.00am- 10:30am	ASA Swimming Lessons ASA Swimming Lessons ASA Swimming Lessons
<b>Saturday</b>	1.00-3.00pm	Casual free Swim
<b>Sunday</b>	12.30 – 3.30pm	Casual free Swim

### PLEASE NOTE

That as well as the above programme all public swim sessions Mon to Friday up to 5pm are FREE FOR Under/16'S During the SCHOOL HOLIDAYS.

